

Next-Act

Career Transition & Management Specialists
Division of DVG, Inc.

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August 27, 2007

Letter to the Editor
Times Union
Via Email to: tuleters@timesunion.com

I read with great interest the article written by Times Union writer Jennifer O'Brien which appeared in the Monday, August 27, 2007 edition of the Times Union entitled *Job Action*. This to-the-point article will be very valuable to those who have recently faced a job loss or are concerned about the stability of their job.

Ms. O'Brien presented ten tips on what one should do when faced with a job loss, and add number eleven: This time, do what you truly want to do with your career and life, and do not be immobilized by fear. In my 20 plus years of working with people during career transition, I have come to learn that fear is the great immobilizer and if you can break that fear, people will look to what they truly want and love to do. I ask each of my clients to answer this question: What is the very worst that could happen, and can you recover. The answer is always yes – they can recover

Those facing some sort of career transition should take the opportunity to really think through their ideal next career or job move, and do what they like, not what they feel they should do. There are so many resources and skilled career professionals who can help provide the answer to the most difficult question: What do I want to be when I "grow up".

With job dissatisfaction at better than 50% as reported by *The Conference Board*, it is clear that many people are mis-matched to their job and the skills and requirements the job demands. Can we all imagine what this country – and our own area – would be like if we all found our ideal "career calling" or job? Business and personal productivity would soar, our communities would grow faster and stronger and as a population, many would be happier with their life, their family and very positive about their future.

Thank you once again Ms. O'Brien for a very good and mind opening article.

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